

## Abbey Community Centre Activities Timetable – SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Children's drop in 10-11.30am CENTRE – Main Hall	Children's drop in 10-11.30am CENTRE – Main Hall	Debt Free London Video Kiosk 10am-12.30am CENTRE - Garden Room Book with Reception to use	Children's drop in 10-11.30am CENTRE – Main Hall	
Debt & Money Advice w/Anne-Marie Age UK 10am-5pm 27/09 CENTRE - Garden Room	Tai Chi - Jane Ward 9.30am – 10.30am ZOOM	Seated Exercise - Jane Ward 11am-12pm ZOOM		Creative Writing 10.30am – 12.30pm ZOOM (every fortnight)
Yoga with Anna 2-3.30pm CENTRE - Main Hall	IT Basic Steps 14/09-14/12 10am-12pm CENTRE - Garden Room	Creche 1-2.45pm CENTRE	1:1 Tech Buddies 12.30-4.30pm CENTRE-Garden Room	Table Tennis 12.00-1.30pm CENTRE- Main Hall
Creche 1-2.45pm CENTRE	Creche 1-2.45pm CENTRE	Sewing Classes w/Prabhat 1pm-3pm CENTRE- Belsize Room	Creche 1-2.45pm CENTRE	
Baking Mixed-gender class 1.30-3pm ZOOM	Gardening Group 2-4pm CENTRE - Garden	Men's Fitness 2-3pm CENTRE – Man Hall	Mixed Healthy Cooking 1-2.30pm ZOOM	CHAPS Garden Meeting 2-3.30pm CENTRE - Garden
Drama Course CENTRE - Belsize Room Starting in October only Date still TBC	Seated Exercise w/Jane 2pm-3pm CENTRE - Main Hall From 14/09	IT Next Steps 2pm-4pm CENTRE – Garden Room From 15/09 to 15/12	Re-cycle-art 3-4pm ZOOM	Gentle Dance w/Mary Ward 2-3pm ZOOM From 29/09
Choir from Mary Ward 4-5pm CENTRE – Main Hall From 27/09	Colouring Calm Session 1: 2.15pm-3.30pm Session 2: 4pm-5pm Belsize Room	Abbey Book Club Last Wednesday of month 3.30-5.30pm ZOOM		Afternoon Tea session 3-4pm ZOOM 1 <sup>st</sup> two weeks Sept



**PURPLE:** Children's Services  
**ORANGE:** Men's 50+  
**BLUE:** All ages 19+  
**GREEN:** Ages 60+

For Children's Services contact Zamzam – [zamzam@abbeycc-kilburn.org.uk](mailto:zamzam@abbeycc-kilburn.org.uk)

For Afternoon Tea, Gardening, Colouring Calm, Recycle-art contact Simone – [activities@abbeycc-kilburn.org.uk](mailto:activities@abbeycc-kilburn.org.uk)

For Men's activities and Yoga contact Kafia – [activities-organiser@abbeycc-kilburn.org.uk](mailto:activities-organiser@abbeycc-kilburn.org.uk)

For Creative Writing and Book Club contact Bryony – [bryony@abbeycc-kilburn.org.uk](mailto:bryony@abbeycc-kilburn.org.uk)

For Tech Buddies contact Jordan: [tech-buddies@abbeycc-kilburn.org.uk](mailto:tech-buddies@abbeycc-kilburn.org.uk)

For Mary Ward activities contact Erica – [erica.parrett@marywardcentre.ac.uk](mailto:erica.parrett@marywardcentre.ac.uk)

*Please note no new learners can join Mary Ward courses after the 4<sup>th</sup> week of the course.*