

## Abbey Community Centre's Covid-19 health and safety policies (from January 2022)

Although legally enforceable government measures have largely been lifted, we still have policies in place so we can help keep everyone safe. We're asking people visiting the centre to:

- Take a **lateral flow test** at home before attending. We can't enforce this, but do really appreciate it. Staff and volunteers are taking a test every day they come in. A list of pharmacies where you can pick up free tests is [here](#), made by our amazing intern Katie!
- Please do not visit the centre if you have **any** cold or flu symptoms – **even if you have tested negative for Covid-19.**
- Group sizes are limited depending on the size of room being used for the activity. **People must book** to attend activities.
- Social distancing in place in all areas of the building.
- **Masks** to be worn indoors at all times by members, volunteers, staff and tutors; if someone is exempt from mask they must wear a visor, provided by Abbey. Exceptions are our sports / physical exercise groups such as Table Tennis.
- Masks do not have to be worn outside if social distancing.
- **Hand sanitiser** available in centre
- 1 in 1 out in toilets
- We have **air purifiers** in each room which work to eliminate airborne Covid-19 particles.

We will review these on a monthly basis.