2024 Member Evaluation Abbey Stats from 159 anonymised survey responses from September-October 2024

Social connectedness

94% said Abbey helps them connect with people in the local area

I meet people of different countries. They all are friendly and welcome me.



81% said Abbey protects them from feeling lonely and socially isolated



94% said Abbey helps people from different backgrounds to mix and get on well together



I live alone and don't have family here so Abbey keeps me feeling not isolated and introduces me to really interesting and supportive activities.

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91% said Abbey helps me make new friends and maintain friendships





88% agreed that Abbey helps them feel they belong to a supportive community





At Abbey we have interactions with other kids, babies, and parents. No isolated long hours at home.

2024 Member Evaluation Abbey Stats from 159 anonymised survey responses from September-October 2024

Physical health

83% said Abbey helps them stay physically active

It has extended my lifespan in a huge way - mentally, physically, and socially.

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84% agree that Abbey supports their general physical health and wellbeing

I take part in exercise classes which help to keep me moving and not seizing up. Lovely to talk with local people.







93% said Abbey helps keep their mind active and healthy

Skills and confidence

92% said Abbey helps them discover new skills and/or explore new interests

Makes me happy doing some different things I thought I'd never get into





85% said Abbey

helps give them

a sense of

achievement



81% said Abbey helps improve their confidence

77% agreed that Abbey gives them opportunities to support other people in their community

Without the tech buddies, I would be lost - friends are busy, have no time to sort out IT problems for me.



2024 Member Evaluatio Stats from 159 anonymised survey responses from September-October 2024 Community Cent

Mental health



90% agree that Abbey supports their general mental health and wellbeing

Am happier and more content. It gives me hope to survive in London . We need the Abbey. Please support them.



94% said that Abbey helps them feel happier

Daughter learned

social skills and I

gained 2 hours of free

time I'd been craving,

reducing stress and making parenting easier.

1111





90% said that Abbey gives them things to look forward to

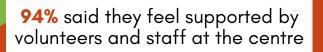
About Abbey

I definitely recommend it to evervone because l know how serious the people are and how committed they are to what they do.

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There is no word to describe how staff at ACC change people's lives for the better.

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77% said Abbey helps them learn about other organisations they can contact for support



I love coming, I feel like my old self again – all

together, not at

home on my own. Thank you.