

2024 Member Evaluation

Stats from 159 anonymised survey responses from September-October 2024



Social connectedness

94% said Abbey helps them connect with people in the local area



81% said Abbey protects them from feeling lonely and socially isolated



I meet people of different countries. They all are friendly and welcome me.

94% said Abbey helps people from different backgrounds to mix and get on well together

91% said Abbey helps me make new friends and maintain friendships



I live alone and don't have family here so Abbey keeps me feeling not isolated and introduces me to really interesting and supportive activities.



88% agreed that Abbey helps them feel they belong to a supportive community



At Abbey we have interactions with other kids, babies, and parents. No isolated long hours at home.



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Physical health

83% said Abbey helps them stay physically active



84% agree that Abbey supports their general physical health and wellbeing

I take part in exercise classes which help to keep me moving and not seizing up. Lovely to talk with local people.



It has extended my lifespan in a huge way - mentally, physically, and socially.



93% said Abbey helps keep their mind active and healthy

Skills and confidence

92% said Abbey helps them discover new skills and/or explore new interests



My son improves his English, sharing with friends, and helping people. He learned a lot of things from the Creche.

81% said Abbey helps improve their confidence

Makes me happy doing some different things I thought I'd never get into

77% agreed that Abbey gives them opportunities to support other people in their community



85% said Abbey helps give them a sense of achievement

Without the tech buddies, I would be lost - friends are busy, have no time to sort out IT problems for me.



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Mental health



90% agree that Abbey supports their general mental health and wellbeing

Am happier and more content. It gives me hope to survive in London. We need the Abbey. Please support them.



I love coming, I feel like my old self again - all together, not at home on my own. Thank you.

79% said Abbey helps protect them from experiencing stress and anxiety



94% said that Abbey helps them feel happier

Daughter learned social skills and I gained 2 hours of free time I'd been craving, reducing stress and making parenting easier.



90% said that Abbey gives them things to look forward to

About Abbey

I definitely recommend it to everyone because I know how serious the people are and how committed they are to what they do.



This amazing beautiful centre is my second home! Many thanks.

77% said Abbey helps them learn about other organisations they can contact for support



There is no word to describe how staff at ACC change people's lives for the better.



94% said they feel supported by volunteers and staff at the centre