

Who to contact:

Reception: 020 7624 8378

Lindsay Richardson-Director

Zamzam Osman - Children's Services Coordinator

Kilburn Good Neighbours: 020 7604 4823,

kgn@abbeycc-kilburn.org.uk

Laura Wigzell - Over 50's Co-ordinator (CTC & CHAPS):

020 3397 4583 or 07447 932564, ctc@abbeycc-kilburn.org.uk

Gavin Harper - Community Projects Organiser:

020 3397 3108, chaps@abbeycc-kilburn.org.uk

Simone Carneiro - Neighbours 2 Friends Activities Facilitator:

020 7624 8378 or 07447 932564, activities@abbeycc-kilburn.org.uk

Henna Asian Women's group: 020 7372 9860



The Abbey Community Centre,
222c Belsize Road, Kilburn,
NW6 4DJ.

020 7624 8378

hello@abbeycc-kilburn.org.uk



Autumn 2018 Programme

222c Belsize Road,

Kilburn, London. NW6 4DJ

www.abbeycc-kilburn.org.uk

Twitter: @AbbeyCCnw6

020 7624 8378

Monday

10.00-12.00-Toddler Time (Under 2's)

In the Main Hall

12:30-1.30-Yoga Hatha class
(All levels) (£)

1.00-3.00-Henna over 50's (MEMBERS
ONLY)

1.00-3.00-Crèche (Under 5's) (£)

4.00-5.00-Children's Taekwondo (£)

6.00-8.00-Table Tennis (£)

Tuesday

10.00-12.00-Fun for All (Under 5's)

In the Main Hall

10.00-5.00-Kilburn Good Neighbours

11.00-2.00-CHAPS cooking (Over 65's)

1.00-2.00-Seated exercise (£)

1.00-3.00-Crèche (Under 5's) (£)

2.00-3.00-Bingo

2.15-3.15-Henna Hatha yoga (£)

3.30-5.30-Recycleart

6.30-7.30-Zumba (£)

6.00-7.30-Choir

Wednesday

10.00-11.30-Baby Play (Under 1's)
in the Main Hall

11.00-1.00-Beginners IT Drop in

12.15-1.15-Henna Yoga (£)

1.00-3.00-Crèche (Under 5's) (£)

1.00-3.00-Sewing class (£)

4.45-5:45pm-Colouring Calm Club
(£)

16:30-18:00-Dance Fusion

Thursday

10.00-12.00-Fun for All (Under 5's)

In the Main Hall

10.00-5.00-Kilburn Good Neighbours

12.15-1.45-Creative writing (3rd
Thursday of the month).

1.00-3.00-Crèche (Under 5's) (£)

11.00-1.30-IT course Beginners
(Bookings only)

2.00-3.00-Crochet

2.00-4.00-Drama Movement Course

4.00-6.30-Children's Piano lessons (£)

5.00-8.30-Taekwondo (£)

7.00-8.30-CA

Friday

10.00-12.00-Fun for All (Under 5's) In the Main Hall

10.30-12.00- Coffee Morning and Gardening

10.30-1.00-Bake to Eat and Share Course

12.30-1.15-Boccia

1.30-3.00-Gentle dance class

1.30-3.30-Bridge

1.30-3.30-Abbey Men's Club

Saturday

10.00-12.00-Tech Buddies

11.00-1.00-Colouring for Kids

11.00-12.00-Councillor surgery (Every third Saturday of the month)

11.00-2.00-Abbey's Community Cafe

2.00-4.00- Sewing, knitting and crochet classes (£)

2.00-5.00- Saturday London trips (All Ages - Every first Saturday of the
month)

Sunday

4.00-7.00-AA Self help group

Over 50? See separate programme
for latest activities and groups, or
drop in to coffee morning on Fridays
from 10.30-12.00